



EDINBURGH ORTHOPAEDIC & SPORTS MEDICINE CONFERENCE


**31 MARCH -
1 APRIL 2025**

LOCATION

Quincentenary Conference Centre,
The Royal College of Surgeons of Edinburgh,
10 Nicolson Street, Edinburgh EH8 8DH



THE UNIVERSITY OF EDINBURGH
SPORT

 Edinburgh
Orthopaedics

R&A



UK COLLABORATING CENTRE ON INJURY
AND ILLNESS PREVENTION IN SPORT
EDINBURGH - BATH

WELCOME

Welcome to the Second International Edinburgh Orthopaedics & Sports Medicine Conference! We are delighted to welcome delegates and faculty from all over the world to this two-day event held at the Royal College of Surgeons of Edinburgh.

This event will address a number of the most pressing topics in sports medicine, bringing together orthopaedic surgeons, sports medicine doctors, physiotherapists, general practitioners, researchers and those interested in the wellbeing of athletes.

The conference will focus on three principal themes: managing osteoarthritis in the athlete, Anterior cruciate ligament (ACL) tears and associated injuries (ligament, cartilage and meniscus), and ACL injury prevention.

Conference Chair: Mr Iain Murray, Edinburgh Orthopaedics and University of Edinburgh

Organising Committee: Mr Iain Murray, Mr Patrick Robinson, Dr Andrew Murray and Ms Jan Cutting



GETTING TO THE CONFERENCE

The conference is held in the Quincentenary Conference Centre at the Royal College of Surgeons of Edinburgh at 10 Nicolson Street, Edinburgh EH8 9DH. Enter through the Surgeons Hall entrance and take a sharp left. Follow the path around the front of Playfair building and you will see a ramp on the left that will take you into the conference centre.

CPD

This event has been approved for 12 CPD points. You will be sent a survey after the event that you must complete to receive your certificate. Certificates will be sent out within 4 weeks from the conference ending.

DELEGATE DINNER

The delegate dinner will begin with a drinks reception in the Fellows Library at 6.30pm followed by dinner in the Playfair Hall from 7pm on Monday 31st March. You must have pre-registered for this event. Dress code is lounge suit/cocktail.



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Sports Medicine

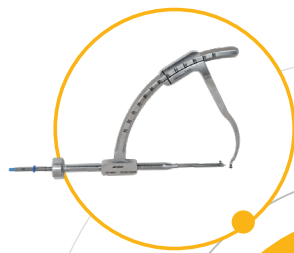
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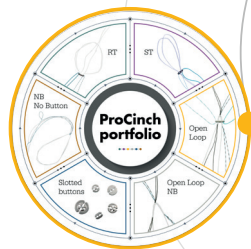
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CONFERENCE PROGRAMME

MONDAY 31ST MARCH

10.30am – 12.30pm	UK ACL Injury Prevention Think-Tank	Closed Session	Fellows Library
12.30 – 1.30pm	Lunch & Exhibitions		Quin Reception
COMBINED CONFERENCES OPENING PLENARY			1:30 – 1:50PM
1.30 – 1.50pm	Optimising Rehab – Principals and Practice	Enda King	Wolfson Hall
OSTEOARTHRITIS IN ATHLETES			1:50 – 3:00PM
CHAIRS: JONNY GORDON & CIARA STEVENSON			
1.50 – 2.10pm	Osteoarthritis- Treatments and Potential Cures in the Future	Sion Glyn-Jones	Wolfson Hall
2.10 – 2.20pm	Use of Offloading Knee Braces in Athletes	Gilbert Moatsche	Wolfson Hall
2.20 – 2.30pm	Injectables for OA – Clinical Role in 2025	Iain Murray	Wolfson Hall
2.30 – 2.40pm	Practical Management of Athletes with OA in Season and in Competition	Alastair Nicol	Wolfson Hall
2.40 – 3.00pm	Discussion	All	Wolfson Hall
3.00 – 3.30pm	Coffee and Exhibitions		Quin Reception
RETURN TO SPORT AFTER ORTHOPAEDIC SURGERY			3:30 – 4:30PM
CHAIRS: CHLOE SCOTT & SAM PATTON			
3.30 – 3.40pm	Is there a Role for Hip Arthroscopy in the Athlete with Degenerative Hip Disease?	Sion Glyn Jones	Wolfson Hall
3.40 – 3.50pm	Hip Arthroplasty/Resurfacing in Athletes	Dominick Meek	Wolfson Hall
3.50 – 4.00pm	Osteotomy in Professional Athletes: When and How?	Andy Williams	Wolfson Hall
4.00 – 4.10pm	Unicompartmental Knee Arthroplasty	Chloe Scott	Wolfson Hall
4.10 – 4.20pm	Total Knee Arthroplasty	Will Jackson	Wolfson Hall
4.20 – 4.40pm	Discussion	All	Wolfson Hall
THE ATHLETE'S PERSPECTIVE			4:40 – 5:00PM
CHAIR: NIALL ELLIOT			
4.30 – 5.00pm	Return to Rugby Following Hip Resurfacing	Scott Steele	
6.30pm	Drinks Reception		Fellows Library
7.00 – 7.45pm	Q & A		Playfair Hall
7.45 – 10.00pm	Gala Dinner		Playfair Hall



CONFERENCE PROGRAMME

TUESDAY 1ST APRIL

7.30 – 8am

Registration & Coffee

Quin Reception

ACL INJURIES: EVALUATION AND NON SURGICAL TREATMENT

08:00 – 09:05AM

CHAIRS: MARY MULCAHEY & ENDA KING

8 – 8.10am	Why do Athletes Tear their ACL? Mechanisms & Biomechanics	Enda King	Wolfson Hall
8.10 – 8.20am	Examination of the Knee	Andy Williams	Wolfson Hall
8.20 – 8.30am	Imaging the Injured Knee – Whats new?	Philip Robinson	Wolfson Hall
8.30 – 8.40am	Everyone Should get Stress Radiographs for Knee Ligament Injuries	Robert LaPrade	Wolfson Hall
8.40 – 8.50am	What's new in non-surgical treatment (including Cross-bracing)	Tracy McAdam	Wolfson Hall
8.50 – 9.05am	Discussion	All	Wolfson Hall

ACL INJURIES: GRAFT CHOICES

9:05 – 10:10AM

CHAIRS: CIARA STEVENSON & IAIN MURRAY

9.05 – 9.15am	Graft Choices: What the Registries Say	Tim Spalding	Wolfson Hall
9.15 – 9.25am	Patella Tendon Graft	Robert LaPrade	Wolfson Hall
9.25 – 9.35am	Hamstrings graft	Sanjay Anand	Wolfson Hall
9.35 – 9.45am	Quadriceps Graft	Mary Mulcahey	Wolfson Hall
9.45 – 9.55am	Lateral Extra-Articular Procedures	Andy Williams	Wolfson Hall
9.55 – 10.10am	Discussion		Wolfson Hall
10.10 – 10.40	Networking & Exhibitions		Quin Reception

INJURIES ASSOCIATED WITH ACL DISRUPTIONS

10.40 – 11.45AM

CHAIRS: MARY MULCAHEY & SANJAY ANAND

10.40 – 10.50am	Meniscus Injuries: Save the Meniscus at all Costs	Robert LaPrade	Wolfson Hall
10.50 – 10.55am	A New Classification of Meniscal Ramp Tears	Luke Tollefson	Wolfson Hall
10.55 – 11.00am	7T Meniscus Medial Meniscus Root Tear Repair Evaluation and the Effect of a Centralization Stitch on Extrusion	Luke Tollefson	Wolfson Hall
11.00 – 11.10am	My Algorithm for Addressing Chondral Pathology in Setting of ACL Injury	Ciara Stevenson	Wolfson Hall
11.10 – 11.20am	Associated Injuries: MCL	Andy Williams	Wolfson Hall
11.20 – 11.30am	The Posterolateral Corner is no Longer the Dark Side of the Knee	Robert LaPrade	Wolfson Hall
11.30 – 11.45am	Discussion	All	Wolfson Hall

REHABILITATION AND REDUCING RISK OF RE-INJURY**11.45 – 12.30PM****CHAIRS: DAVE PUGH & JEN SWEETING**

11.45 – 11.55am	Assessing Progression and Completion of ACL Rehab	Tracy McAdam	Wolfson Hall
11.55 – 12.05pm	Rehab Considerations: Graft Meniscus and LEAPS	Enda King	Wolfson Hall
12.05 – 12.15pm	Sports Specific Considerations in Returning to Play	TBC	Wolfson Hall
12.15 – 12.30pm	Discussion	All	Wolfson Hall
12.30 – 1.40pm	Lunch and Exhibitions		Quin Reception

PLENARY**1.40 – 2.00PM**

1.40 – 2.00pm	Injury Prevention Works -Lessons from Concussion and other Settings	Keith Stokes	Wolfson Hall
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ACL INJURY PREVENTION SESSION PART 1: CORE PRINCIPALS AND INTERNATIONAL EXPERIENCE 2.00 – 3.10PM**CHAIRS: TIM SPALDING AND KATE JACKSON**

2.00 – 2.06pm	Is there an ACL Epidemic?	Patrick Robinson	Wolfson Hall
2.06 – 2.12pm	ACL Injuries in Females – Understanding why (Physical Factors)	Mary Mulcahey	Wolfson Hall
2.12 – 2.18pm	ACL Injuries in Women – Understanding Why (Environmental)	Sheree Bekker	Wolfson Hall
2.20 – 2.30pm	ACL Injury Prevention Programmes: Historical Perspectives	Will Jackson	Wolfson Hall
2.30 – 2.40pm	What Types of ACL Injury Prevention Programmes Have Been Used?	Morgan Bailey	Wolfson Hall
2.40 – 2.50pm	Norwegian Experience	Gilbret Moatsche	Wolfson Hall
2.50 – 3.10pm	Discussion	All	Wolfson Hall
3.10 – 3.40pm	Networking & Exhibitions		Quin Reception

ACL INJURY PREVENTION SESSION PART 2: PRACTICAL APPLICATION IN THE UK**3.40 – 5.00PM****CHAIRS: MARK BOWDITCH & TRACY MCADAM**

3.40 – 3.50pm	Power Up to Play	Kate Jackson	Wolfson Hall
3.50 – 4.00pm	START Injury Prevention Programme	Thomas Hughes	Wolfson Hall
4.00 – 4.10pm	Project ACL	Christina Le	Wolfson Hall
4.10 – 4.20pm	The Kings College Experience	Emma Godfrey	Wolfson Hall
4.20 – 4.30pm	UK ACL Injury Prevention Strategy Group: What is the Best Way to effect Change?	Tim Spalding	Wolfson Hall
4.30 – 4.50pm	Discussion	All	Wolfson Hall
4.50 – 5.00pm	Conference Close		

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FACULTY

MR SANJAY ANAND



Sanjay Anand is a Consultant Knee Surgeon who works at the Orthteam Centre in Manchester and Fortius Clinic in London. He looks after amateur and professional athletes from a variety of sports clubs including football, rugby, netball, hockey

and Team GB Athletes. He has a particular interest in ACL reconstruction, osteotomies around the knee, treatment of early cartilage damage/osteoarthritis in the young patient and management of fat pad problems, patellar tendinopathy and anterior knee pain.

MISS MORGAN BAILEY



Morgan Bailey is a Consultant Orthopaedic Surgeon working between University Hospital Southampton and Portsmouth University Hospitals as part of a paediatric orthopaedic hub and spoke practice. She has a special interest in all paediatric

and adolescent knee pathology and provides a paediatric acute knee service across both sites. She is the Hampshire ambassador for the injury prevention charity Power up to Play and the Chair for the Women's ACL Orthopaedic Steering Group. She has a passion for injury prevention in children and young women.

DR SHEREE BEKKER



Dr Sheree Bekker (she/her) is a distinguished scholar specialising in sports injury prevention and gender equity in sport. She is an Assistant Professor in the Department for Health at the University of Bath. Dr Bekker's research is

widely recognised for its innovative approach, particularly her application of sociocultural and feminist theories to Sport and Exercise Medicine. As Co-Director of the Feminist Sport Lab, Dr Bekker is instrumental in leading international collaborations that are developing inclusive and equitable safety standards in sport. Her work is published in numerous high-impact journals, including the British Journal of Sports Medicine and The BMJ. Dr Bekker has also recently published a book on the matter, *Open Play: The Case for Feminist Sport* (Reaktion Books, 2025). She is an active advocate for policy development that promotes diversity and inclusion within sporting organisations worldwide. Dr Bekker's contributions continue to shape the discourse on athlete welfare and equity in sport.

DR JONNY GORDON

Jonny is an Emergency Medicine consultant based in the Major Trauma Centre at the Queen Elizabeth University Hospital in Glasgow. He has worked with the Scottish FA since 2002 becoming Chief Medical Officer in 2023. He is a consultant to UEFA and FIFA; writing and course directing the Football Doctor Education Programme for UEFA and the FIFA Emergency care course. Jonny is CEO of ScribePro a digital medical records company based in Glasgow and founding director of Promote Medical, a company that designs and manufacturers emergency care bags.

MS HEATHER BINNINGTON



Heather Binnington is Head of Sport & Exercise Medicine at the University of Edinburgh Sport & Exercise department, leads Edinburgh Sports Clinic (formerly FASIC), and combines this with a clinical role as Advanced Practice

Physiotherapist with a background in sports physiotherapy and orthopaedic medicine. She worked in orthopaedic, musculo-skeletal and specialist sport roles within the NHS, club and SRU age-grade rugby before moving to private practice, gaining clinic experience and leading the medical services for the University's high performance sport programme. Heather also worked as lead physiotherapist with Scottish Hockey, for the Scotland Men's Hockey team from 2014-2019, supporting their international programme and promotion back to European Championships. Her clinical interest lies in evidence-based and data driven injury prevention, rehabilitation and return to sport management.

MS CATHERINE CALDERWOOD



Catherine has dedicated her career to improving health for people and populations. She is a Professor of Practice at Strathclyde University, on the board of trustees for Women in Sport, and served as the Chief Medical Officer for Scotland.

DR EMMA GODFREY



Dr Emma Godfrey is a Reader in Health Psychology at King's College London and HCPC registered Health Psychologist. Her research is focused on the development of novel interventions to promote psychological well-being and

pain management in adults and young people with long-term conditions. Her main clinical interest is working with children and young people in distress.

MR MARK BOWDITCH



Mr Bowditch is an experienced knee surgeon specialising in treating all types of knee conditions with both non-operative and surgical techniques. His orthopaedic training took place in Cambridge followed by a specialist knee

fellowship at SportsMed SA, Australia before becoming Consultant in 2000. He works with many sportspersons-professional and amateur. He sees patients in the East of England and in London at Fortius.

His particular interests are knee ligament reconstructions (ACL), meniscal/cartilage repair & transplant, osteotomy, partial (uni) and total knee replacement and runs a complex tertiary referral clinic in East of England.



FACULTY

PROFESSOR SION GLYN JONES



Siôn is a Professor of Orthopaedic Surgery at the University of Oxford. He is also a Consultant at the Nuffield Orthopaedic Centre. Siôn trained in Cambridge, London and Oxford. He specialises in hip arthroscopy

(keyhole surgery of the hip) and hip replacement in the more active individual. Siôn leads the Oxford Hip Preservation and Young Adult Hip Units. He leads the hip research at Oxford University, with a team dedicated to the prevention and treatment of hip osteoarthritis. He is also a National Lead for the National Institute of Health Research and sits on the European Commission Medical Devices Panel. He is a member for several international specialist societies and teaches worldwide in the field of hip arthroscopy and hip replacement. Sion specialises in keyhole surgery of the hip and less invasive total hip replacement.

DR THOMAS HUGHES



Thomas Hughes is a post-doctoral research fellow currently conducting research in exercise physiology at Leeds Beckett University. A former medical doctor and endurance sport coach, Thomas brought a range of experience to his

PhD, which focussed on the implementation of injury prevention programmes in UK secondary school sports. The next stage of Thomas's research will involve a collaboration with the Women's Football Association to implement injury prevention across a range of schools.

DR KATE JACKSON



Kate Jackson DipSEM FSEM is a Sport and Exercise Medicine physician and co-founder and trustee for the youth sport injury prevention initiative Power Up To Play (www.poweruptoplay.org) Over the last 20 years Kate has worked in many areas of

SEM including 5 years of SEM research at the University of Oxford, NHS MSK clinics, UK Sports Institute, the MOD, England Netball and Hockey team travel and at London 2012. During her 6 years as Academy and Women's Doctor at Oxford United FC she saw first-hand the physical, psychological and social impact of ACL ruptures in youth players. This sparked her interest in ACL injury prevention and in particular in the widespread use of a structured, evidence-based, injury prevention warm-up to reduce ACL injuries at all levels of sport. Power Up To Play is a charity initiative (Charity No. 1182851) that aims to reduce ACL injuries in grassroots sport by providing online education and free, injury prevention training to grassroots sports coaches. Please get in touch to find out more info@poweruptoplay.org.

MS JENNIFER LOVE

Head of Strategy and Communications | Active Scotland Division | Scottish Government.

DR ENDA KING



Enda King PhD MSc combines his roles as a sports physiotherapist, strength and conditioning coach, researcher, and educator through his work with individual athletes and elite teams across a spectrum of sports and disciplines.

Through his base at the renowned FIFA Medical Centre of Excellence Aspetar, Qatar, Enda combines his clinical and research work through the use of 3D biomechanics and high-level residential rehabilitation to optimise performance and efficient recovery after injury. He has worked with athletes and consulted for teams across a wide variety of disciplines including rugby, football, AFL, NBA, NFL, UFC, boxing, jockeys and GAA. His greatest areas of expertise lies within hip and groin related injury, as well as knee / ACL rehabilitation, and he is committed to performing innovative research to develop robust methods for injury prevention and rehabilitation in elite sport. Enda has over 40 peer-reviewed publications and regularly travels to speak at international conferences on Athletic Groin Pain, ACL Return To Play and Return To Performance After Injury.

DR ROBERT F. LAPRADE MD, PHD



Robert F. LaPrade MD, PhD is a complex orthopaedic knee and sports medicine surgeon who practices at Twin Cities Orthopedics in Edina and Eagan, Minnesota. He is also an adjunct professor in the Department of Orthopaedic

Surgery at the University of Minnesota. Dr. LaPrade is known as a specialized clinician scientist who has utilized his comprehensive research on sports medicine injuries to improve patient care and invent novel ways to treat knee problems. Many of the surgeries that he has devised have been performed worldwide. Dr. LaPrade has special expertise in treating posterolateral knee injuries, PCL tears, revision ACL reconstructions, meniscal repairs and transplants, MCL injuries, multiple ligament knee injuries, knee osteotomies, fresh osteoarticular allografts, and other difficult complex and revision injuries. Dr. LaPrade has published more than 725 peer-reviewed scientific manuscripts, 125 book chapters, and has given over 1000 professional presentations, symposia, and instructional course lectures.

DR CHRISTINA LE



Dr. Christina Le is a physiotherapist and researcher with a special interest in knee injuries. Her clinical experience combined with her personal experience of recovering from an anterior cruciate ligament (ACL) injury inspired her to pursue a

PhD. In 2022, she completed her PhD which examined health-related quality of life (HRQoL) of youth athletes following a sport-related knee injury. Christina is now a post-doctoral researcher for Project ACL, a collaborative research endeavour with FIFPRO, the Professional Footballers Association, Nike, and Leeds Beckett University, that aims to reduce ACL injuries and increase player availability in professional women's football.

DR TRACY MCADAM



Tracy is a Senior Physiotherapist in Sport for Edinburgh University and the head physiotherapist for the W Series (Women's Formula 1). She has a Diploma in orthopaedic medicine, BSc Hons Physiotherapy and a MSc Sports Physiotherapy. Tracey

has previously been head physiotherapist for the Hearts football academy, assistant physiotherapist for Edinburgh Rugby and was Team Scotland physiotherapist at the 2022 Commonwealth games.



FACULTY

PROFESSOR DOMINIC MEEK



Appointed Consultant Orthopaedic Surgeon in 2003, Professor Meek works at the Queen Elizabeth University Hospital, Glasgow. He is a specialist in hip reconstructive arthroplasty surgery, in

particularly young and complex revision surgery and hip resurfacing. He undertook a fellowship in adult hip reconstruction at the Department of lower limb arthroplasty, Vancouver University Hospital and was awarded the British and American Hip Societies Travelling Fellow and the ABC Fellowships. Professor Meek is an Honorary Professor at Glasgow University, immediate Past President of the British Hip Society, President of the West of Scotland Orthopaedic Research Society (WoSORS) and cofounder of the Glasgow Orthopaedic Research Society (GLORI) for fundamental science research at Glasgow University. In 2024, Professor Meek was elected as a BOA Trustee Member and is the Hip Specialty Editor for the BJJ.

MR PATRICK ROBINSON



Patrick is a final year orthopaedic surgery registrar in Edinburgh. He attended medical school at the University of Glasgow and completed the academic foundation programme in Edinburgh. He was awarded an MScR and a

PhD from the University of Edinburgh for his research in sports medicine. The latter was completed with the PGA European Tour focussing on golf injuries and returning to golf after orthopaedic surgery. He has authored over 50 scientific research publications and is a member of the Edinburgh Sports Medicine Research Network. Later this year, he is commencing an orthopaedic sports medicine fellowship in New York City, USA at the Hospital for Special Surgery / Cornell Medical Center.

DR DAVID PUGH



Chief Medical Officer at Scottish Rugby Union.

DR GILBERT MOATSHE



Gilbert Moatshe is a Consultant Orthopaedic Surgeon at Oslo University Hospital and the University of Oslo, specializing in Sports Traumatology, Arthroscopy, and Orthopaedic Trauma. He is also a Sports Medicine surgeon at the

Norwegian Olympic Center.

He completed his Orthopaedic Surgery residency at Oslo University Hospital and earned a PhD from the University of Oslo in 2018 on “Knee Dislocation: Epidemiology, Biomechanics, and Clinical Outcomes.” He was a research fellow at the Steadman Philippon Research Institute (2015–2017) and completed a Sports Medicine fellowship at Fowler Kennedy Sports Medicine Clinic, University of Western Ontario (2019–2020). He also holds an IOC Diploma in Sports Medicine (2019).

Dr. Moatshe has received numerous prestigious awards, including the AOSSM Excellence in Research Award, AAOS Scientific Exhibit Award, ISAKOS Achilles Award, and AOSSM Cabaud Memorial Award. He was an ISAKOS Traveling Fellow (2019) and an ESSKA/APKASS Traveling Fellow (2024). Actively involved in research, he reviews for major orthopaedic journals and serves as Deputy Editor for Sports at JBJS.

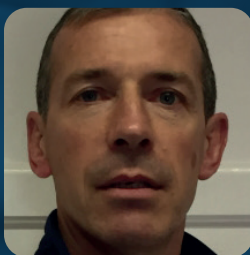
DR MARY MULCAHEY



Dr. Mulcahey is a Board Certified orthopaedic surgeon specializing in shoulder and knee surgery and sports medicine. She is a New Hampshire native, who received her Bachelor of Arts in Biochemistry from Dartmouth College and her Doctor of

Medicine from the University of Rochester School of Medicine. She completed her orthopaedic residency at Brown University. Dr. Mulcahey then went on to do a fellowship in sports medicine at San Diego Arthroscopy and Sports Medicine. Dr. Mulcahey is Professor and Chief of Sports Medicine in the Department of Orthopaedic Surgery and Rehabilitation at Loyola University Medical Center in Chicago. She is also Director of the Women's Sports Medicine Program at Loyola. Dr. Mulcahey serves on the AANA Education and Fellowship Committees, the AOSSM Education Committee, and she participated in the AOSSM Traveling Fellowship to Europe in April 2022. Dr. Mulcahey is a team physician for Loyola University Chicago.

DR ALASTAIR NICOL



Alastair spent over 35 years in the British Army, initially with Airborne and Special Forces, and then in Rehabilitation, culminating as Clinical Director at the iconic Headley Court before his final role as Director of Defence Rehabilitation.

During that time he squeezed in three Olympics, four Commonwealth Games, Match Doctor at the Rugby World Cup final in 2015, and is now one of the most experienced Match Doctors in international rugby. In his semi-retirement he supports the DPW Tour golf and is now working in Motorsport as the Mercedes Race Team Doctor in Formula 1 and looking after 16 drivers, six in Formula 1, across five teams, including Lewis Hamilton, Max Verstappen and George Russell. He is walking proof that unicompartments knees can be successful if done at the right time, to the right person. For the record, the ACL is the only ligament he has left in that knee!

DR IAIN MURRAY



Dr Iain Murray is a Consultant Orthopaedic Surgeon at Edinburgh Orthopaedics/ Edinburgh Royal Infirmary and Honorary Senior Lecturer at The University of Edinburgh. The focus of his clinical practice is sports injuries and joint

preservation of the hip and knee and he serves on the medical advisory board for DP World Tour Golf and The R&A. He undertook ACGME accredited clinical fellowship in Orthopaedic Sports Medicine at Stanford University in California. The central goal of his research is the effective prevention and management of sports injuries and in the clinical translation of regenerative therapies. He undertook a Wellcome Trust funded PhD and postdoctoral training at UCLA Orthopaedic Hospital Research Center in California, and at the MRC Scottish Centre of Regenerative Medicine. He has been awarded the United States Orthopaedic Research Society (ORS) New Investigator Recognition Award, the Syme Medal, the Neer Award for Basic Science. He is in the leadership group for the UK Collaborating Centre for Injury and Illness Prevention in Sport (UKCCIIS), one of only 11 International Olympic Committee (IOC) Research Centres globally, and the only such centre in the UK.



FACULTY

DR. PHILIP ROBINSON



Dr. Philip Robinson is a Consultant Musculoskeletal Radiologist in Leeds Teaching Hospitals NHS Trust and Honorary Clinical Associate Professor University of Leeds and Leeds Biomedical Research Centre, UK. He is President-

Elect of the European Society of Musculoskeletal Radiology (ESSR). He has previously been President of the British Society of Skeletal Radiologists (BSSR) (2018-2020) and Clinical Director for Leeds Radiology (2011-18). Dr Robinson has authored over 120 peer-reviewed papers, 25 book chapters and 1 textbook. His main research interests include: sports acute and overuse injuries (particularly groin, hip, knee and ankle pain), clinical effectiveness studies as well as sarcoma imaging and management. Dr Robinson has been Editor in Chief of Seminars in Musculoskeletal Radiology (2017-2021) and serves on several academic and educational committees for national and international bodies. He is a medical adviser to the European/World DP Golf Tour.

MR TIM SPALDING



Tim Spalding is a knee surgeon in the Midlands at Warwickshire Nuffield Hospital and in London at the Cleveland Clinic London. His focus is on ligament reconstruction and knee preservation covering meniscal repair and meniscal

transplantation, articular cartilage repair, osteotomy, and novel Ortho-Biologics. He is past president of the International ACL Study Group. Following Fellowship in Toronto, consultant career started in the Royal Navy in 1995, followed by University Hospital Coventry and Warwickshire NHS Trust in 2000, initiating meniscal transplantation and lead a well-respected fellowship program, and research program before leaving in 2021. He has pioneered several new techniques, has over 100 publications and 12 book chapters. He leads the UK National Ligament Registry for ACL surgery, now transitioning into a mandatory national registry. Internationally, he co-leads the International Meniscal REconstruction Forum (IMREF) and the ICRS Cartilage Foundation. He is co-organiser of the Sports Knee Surgery biannual conference since 2003.

MS CHLOE SCOTT



Chloe Scott is a consultant hip, knee & trauma surgeon at the Royal Infirmary of Edinburgh and is Editor-in-Chief of Bone and Joint Research. Clinically she has specialist interests in complex knee arthroplasty surgery and periprosthetic

fracture management. Her research interests include arthroplasty outcomes, periprosthetic fractures, robotic surgery, finite element analysis and knee biomechanics in which she has over 100 publications. She was awarded the Hunter Doig medal by the Royal College of Surgeons of Edinburgh in 2020. She is an advocate for diversity in surgery and is involved in diversity projects both in the UK and America and is a member of Pride Ortho.

MS MAREE TODD



Ms Todd is the Minister for Social Care, Mental Well-being and sport. A pharmacist by profession, Maree Todd worked in NHS Highland for 20 years, mainly as a mental health pharmacist in a psychiatric hospital. She also contributed

to SIGN guidance on perinatal mental health. She was previously the Minister for Children and Young People, and champions sport and sporting events for the benefits they can provide to people and populations.

PROFESSOR KEITH STOKES



Professor Keith Stokes is Co-Director of the UK Collaborating Centre on Injury and Illness Prevention in Sport (UKCCIIS), and is Medical Research Lead at the Rugby Football Union. He joined the University of Bath in 2002 and has

established strong partnerships with stakeholders in a range of sports to investigate injury risk and to develop and evaluate strategies to reduce injury risk. In rugby, Keith is responsible for managing injury surveillance programmes in English rugby at all levels of the game, from professional to school rugby. He is part of the team that carried out the World Rugby Scrum Forces project, which resulted in global changes to the scrum Laws, and the development of the Activate injury prevention exercise programme that has been rolled out worldwide by World Rugby. More recently, Keith's focus has been on understanding head acceleration exposure in rugby players using instrumented mouthguards.

MR ANDY WILLIAMS



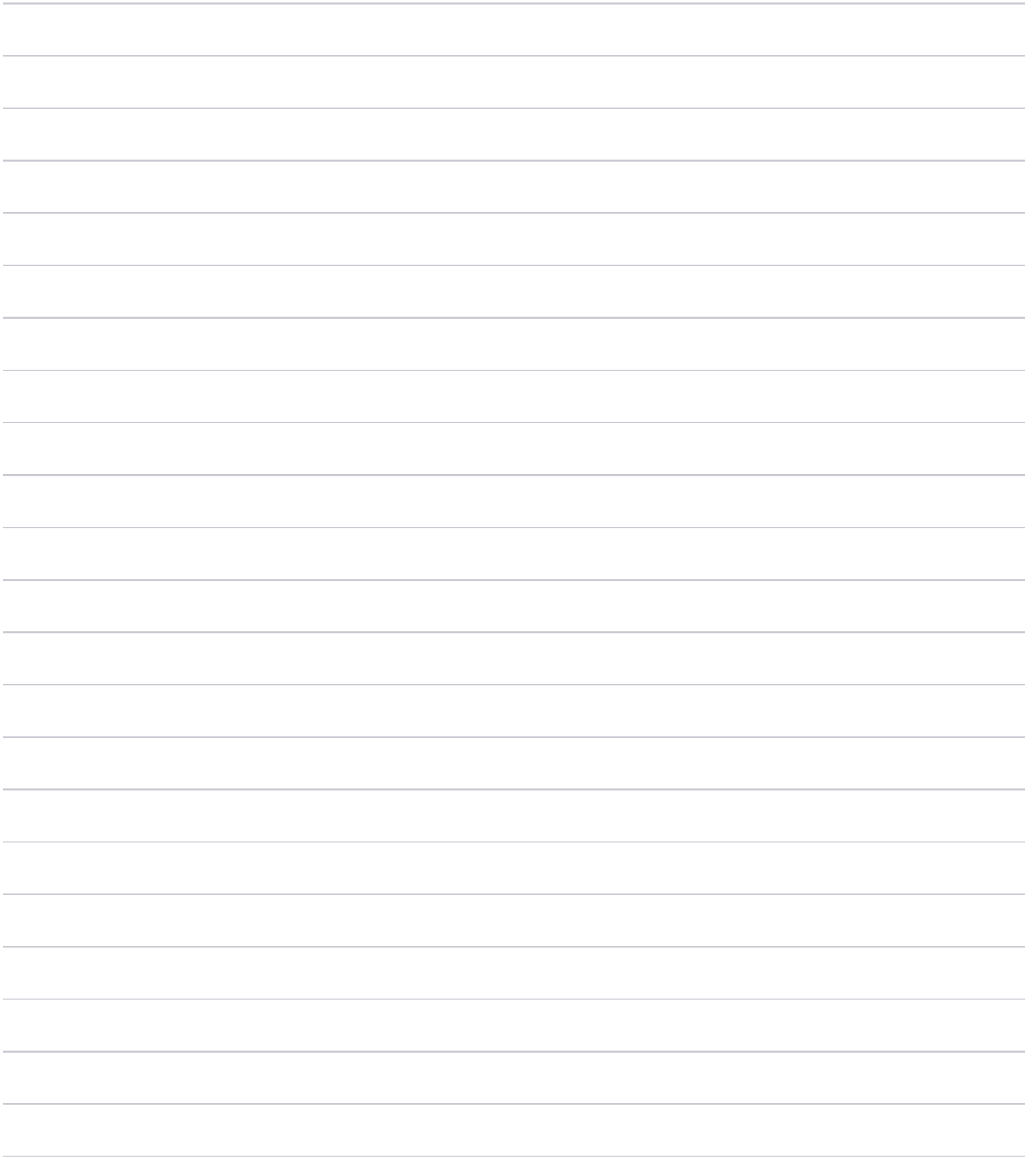
Sports knee surgeon at Fortius Clinic, London / Reader at Imperial College London. Especially known for treating elite athletes, and basic science and clinical research with award-winning projects. He has 145 peer-reviewed publications.

His h-index is 45. He was awarded The Hunterian Professorship by The Royal College of Surgeons of England. Current research focuses on inflammatory response to knee injury, biomechanics at Imperial College, and outcomes of surgery in elite athletes. He was a lead editor of the 39th Edition of Gray's Anatomy. He sits on the Editorial Board American Journal of Sports Medicine, previously that of the BJJ, and also is on the Board of Directors of ISAKOS. He will be president of the ACL Study Group in 2030. He was named in the UK's Top 100 Doctors by the Times newspaper and is the first British Surgeon admitted to the Herodicus Society.

MR LUKE TOLLEFSON



Luke Tollefson is the head of research for Dr. Robert F. LaPrade at Twin Cities Orthopedics in Edina, Minnesota. He specializes in knee research with emphasis on the meniscus, ligaments, osteotomies, and biomechanical testing.

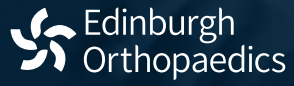




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